# SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER



# **SESSION 2023-24**

# Criterion V: Student Support and Progression

- 5.1.3 The following Capacity Development and Skill Enhancement activities are organized for improving students' capabilities
- 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene) 4. Awareness of trends in technology

# **Soft Skills Social Outreach Program**



#### Report

Name of the **Department:** Computer

Science

Name of the Activity: Outreach Social Program

Total Number of the **Students:** 

**Date:** 20<sup>th</sup> December

2023

**Venue:** Shubhda:

Helping Hand

#### **Report:**

The department Computer Science initiated a social outreach program

understand the need for community engagement and social responsibility among students. Upon reaching the school, the college students organized and participated in several activities. Games like disposal glass game, command and respond games were played, and at last prices awarded to the winners. Creative sessions such as painting, music, and drama were conducted to encourage selfexpression and enhance sensory experiences.

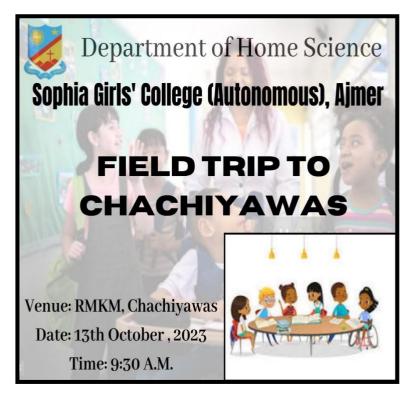
#### **Learning Outcome:**

- 1. Students developed empathy, leadership skills, and a deeper understanding of diversity and inclusivity.
- 2. The program strengthened community bonds.
- 3. Students gained sense of social responsibility.





#### Field Trip to Chachiyawas



Date: 13<sup>th</sup> October 2023 Level: Departmental Venue: Minu Manovikas

Mandir, Inclusive

Education, Chachiyawas,

Ajme

**Title of the Event**: Field Trip to Chachiyawas **Total no. of students:** 2

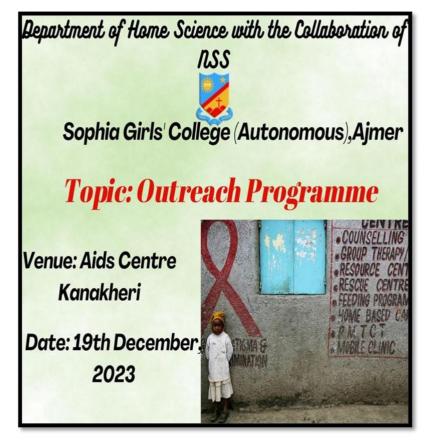
**Description:-**

On 13<sup>th</sup> October 23, the students of Home Science went for a field trip to the school of Inclusive education RMKM Chachiyawas with their play group activities which

were prepared by them for the preschool children. They made some intresting things. special children play with their activities and spent time with them. The students learnt about the methods of teaching in inclusive education institutions. The activities prepared by the students were donated to the institution for further use.



## **Outreach Programme**



**Date**: 19<sup>th</sup> December

2023

**Level**: Collaborative

**Venue:** HIV centre,

Kanakher

Title of the Event:

Outreach Programme

Total no. of students: 26

**Description:-**

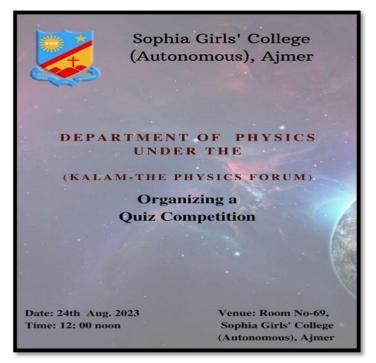
The Department of Home Science and the National Service Scheme (NSS) of Sophia Girls College Ajmer organized a special event on AIDS Day to raise awareness about AIDS and show support to those affected by the

disease. The event aimed to spread love, joy, and knowledge about AIDS prevention and treatment.

The NSS volunteers, along with the NSS Officers Dr. Sr Swapana and Dr. Ruchi visited the HIV Centre, Khanakheri which is run by Mission Sisters of Ajmer. The centre provides care and support to individuals living with AIDS. There were around 15 inmates at the centre during the time of the visit, in total there are around 35 inmates



# **Quiz Competition**



Date: 24<sup>th</sup> August 2023

Total Number of the

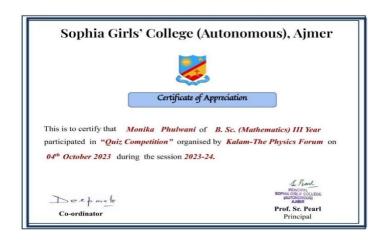
**Students: 54** 

Venue: Room No: 69

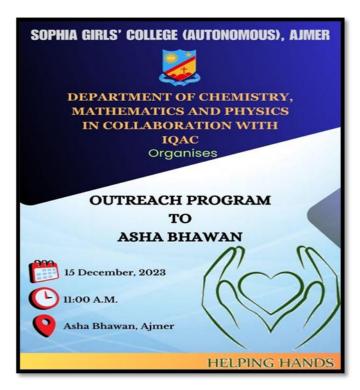
**Report:** Quiz Competition was organised by the department of Physics on 24<sup>th</sup> August 2023. 54 students participated in this activity. Students showed keen interest in this activity.

**Learning Outcome:** The main outcome of this activity is the mental servicing of human minds to make them energetic.





#### **Outreach Program to Asha Bhawan**



**Date:**15<sup>th</sup> December 2023 **Total Number of the Students:**42

Venue: Asha Bhawan, Ajmer **Report:** It is duty of human beings to take some steps in serving the deprived section of the society. Department Chemistry, **Physics** and Mathematics in collaboration with IOAC organised outreach program to Asha Bhawan on 15<sup>th</sup> December 2023. 42 students and four teachers were visited there. Students and teachers of these departments donated money, sweets and

fruits to the needy people there.

**Learning outcome:** Main outcome of this outreach Program is that student can understand their social responsibility and give their small contribution.







# Talk on Job Opportunities and Higher Study Perspectives after B.Sc. Mathematics



**Date:** 31<sup>st</sup> January 2024 **Total Number of the** 

Students: 50

Venue: Room No-69

Kalam and Report: Ramanujan forum jointly organised an invited talk on "Job Opportunities and Higher Study Perspectives after B.Sc. Mathematics". 50 students of B.Sc. Mathematics have attended this activity Dr. Atul Kumar Agarwal from Government College, Nasirabad the was resource person for this talk.

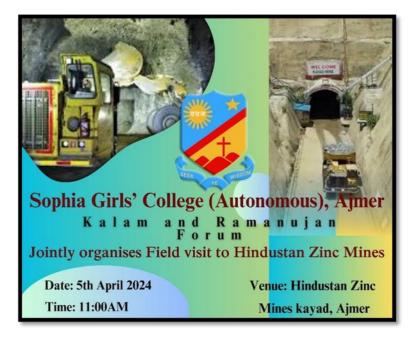
Learning outcome: This lecture was very fruitful for B.Sc. III Year students as they are highly benefited because they got

crystal clear picture regarding higher studies and job status.





#### Field Visit to Hindustan Zinc Mines



Date: 5<sup>th</sup> April 2024

Total Number of the

Students: 40

Venue: Hindustan Zinc

Mines, Kayad, Ajmer

Learning Outcome: To create fundamental awareness about the path and knowledge of mining

process.

**Report:** Kalam and Ramanujan forum jointly organised an educational visit to Hindustan Zinc Mines, Kayad, Ajmer. 40

students of B.Sc. Mathematics and 3 teachers have attended this visit. Students were highly benefited as they got hand on experience by visiting zinc mines.









# **Digital Poster Making Competition**









#### **National Seminar on Epilogue and Prognosis of G20 Summit 2023**

Date: 7<sup>th</sup> October 2023

Venue: SPC Government College, Ajmer

Title of the Event: National Seminar on Epilogue and Prognosis of G20

Summit 2023

No. of Students: 35

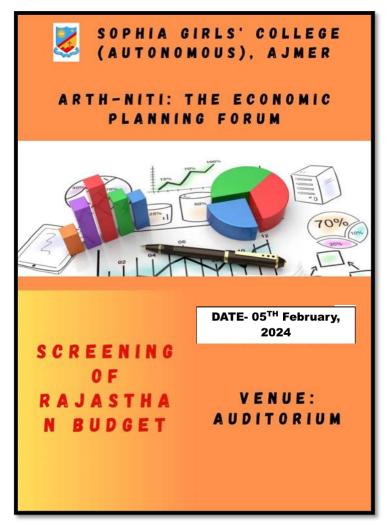
**Description:** The students of Economics Department along with 3 teachers participated in the National Seminar on 'Epilogue and Prognosis of G20 Summit 2023' held on 7<sup>th</sup> Oct 23, at SPCGCA. Apart from this students took part in Inter- Collegiate level Poster Making Competition, Speech Competition and Quiz.

**Learning Outcome:** The Competition aims to bring out the creative and analytical skills of the students. This also helps to develop the presentation skills amongst the students.



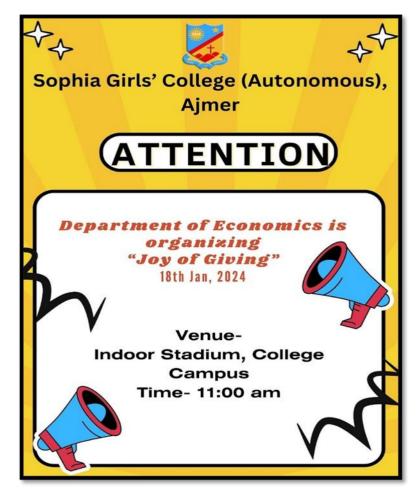


# Screening of Rajasthan Budget





#### Joy of Giving



**Date:** 18<sup>th</sup> January 2024

**Venue:** Sophia Girls' College (Autonomous),

Ajmer

**Title of the Event:** Joy of

Giving

No. Of Students: 33

**Description:** The Department of Economics has organised the 'Joy of Giving' program with the girls of Dayanand Bal Sadan. Under this program the girls from Dayanand Bal Sadan got a chance to visit the college campus were and engaged interactive various The activities. program

aims to spread happiness and awareness amongst the students and the participants.

Learning Outcome: the aim of the program is not only to provide a day of joy and relaxation but also to foster a sense of community and shared experience. It helps in the personal growth and well-being of the students.



#### Youth Parliament



**Date of Activity**–29<sup>th</sup>August 2023

**Level:** Institutional

Venue: Conference Hall

Name of the Activity: Youth

Parliament

No of Students :50

Lyceum the student's forum for the Department of Political Science conducted second edition of the YOUTH

PARLIAMENT under the aegis of the MINISTRY OF PARLIAMENT AFFAIRS on 29<sup>th</sup>

August 2023. A total of 50 students

participated. The Youth Parliament at Sophia Girls College, with students dawning on themselves the role of parliamentarians and presenting their views with vigour and commitment enriched participants with essential skills and insights. Through simulated parliamentary sessions, students delved into legislative processes, and honed public speaking, critical thinking, and leadership abilities. They gained a deeper understanding of democracy's workings and their civic responsibilities. The Youth Parliament served as a transformative platform, empowering students to become informed, proactive leaders shaping the future of governance and democracy.





## Internship with Sasvika and PUCL



Name of the Activity: Internship on Human Rights with PUCL and

Sasvika

Venue: Ajmer Level: District

**D**ate: 23<sup>rd</sup> January- 6<sup>th</sup> February

2024

No. of Students: 34

**Description:** 

A fifteen days internship was conducted under **PUCL** and Sasvika involving 35 students from political science UG third year and Post graduate batches. Students were taken to old age homes, orphanages, schools of the shelter homes, disabled, transgender home, ration shops, police station and women prison. They were expected to interact, observe and make reports of each

visit.

## **Objective**:

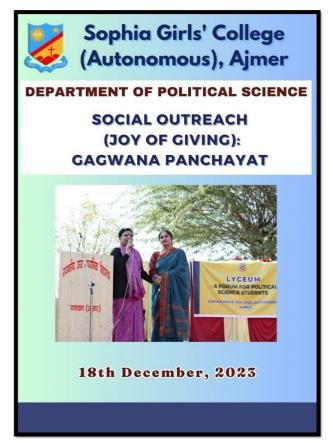
The activity was undertaken with the aim of developing sensitivity and sympathy for human rights. It was to give a platform to students for acquiring new skills, perspectives and positive attitude to develop as responsible and confident citizens ready to live and work







#### Outreach Program - Gagwana Trip



Name of the Activity: Outreach Program – Visit To Gagwana

Panchayat Samiti

**Date:** 18<sup>th</sup> December 2023

**Venue:** Institutional

Venue: Gagwana Village Panchayat

Samiti

No. of Students:145

Objective – The objective of this outreach program was enable students to understand the working of grass root democracy. This activity was to provide exposure to students relating to women participation in ruling panchayati raj institutions in India's rural settings as Gagawana village is headed by a women sarpanch.

**Description-** The visit allowed students to witness firsthand the

functioning of local governance structures in Gagwana. Observing the real-life impact of existing policies and programs at the local level has equipped students with insights and the decision-making processes, resource allocation strategies, and the ways in which community issues are addressed at the grassroots level with effective policy implementation. The visit facilitated the identification of potential areas for collaboration and partnerships with local stakeholders, NGOs, or other government agencies. Such collaborations can enhance the effectiveness of future development initiatives.



#### National Seminar on Makers of Modern India



Name of the Activity-National Seminar on Makers of Modern India

**Date**: 3<sup>rd</sup> October 2023

Venue: Auditorium, Sophia

Girl's College, Ajmer

**Level:** National

No. of Students: 414

**Objective:** 

Seminar and quiz were organised on the occasion of Gandhi Jayanti. These events were conducted to commemorate the life and contributions of the father of our nation and to educate

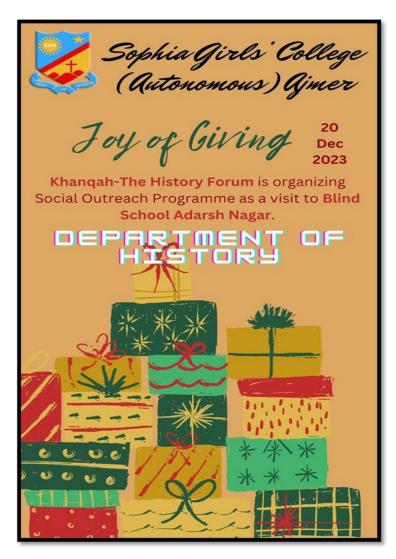
students about India's National Movement.

**Description:** Celebrations of 154<sup>th</sup> birth anniversary of Mahatma Gandhi were concluded through National Seminar on the theme Makers of Modern India conducted by Department of Political Science and Gandhi Mahotsav Samiti. Key note Speakers included eminent personalities such as Ramon Magsaysy awardee and Columnist Sir P. Sainath, freedom fighter Shri Shobharam Geharwar and Human rights activist Kavita Srivastava. Insights were shared on deep rooted exploitation and impacts of British colonialism. The role of youth in rediscovering Indian History was also emphasised.





# **Social Outreach Programme**



**Date: -**20<sup>th</sup> December 2023 **Name of Activity:** Social

Outrooch Programma

Outreach Programme

No. of Students participated: 49

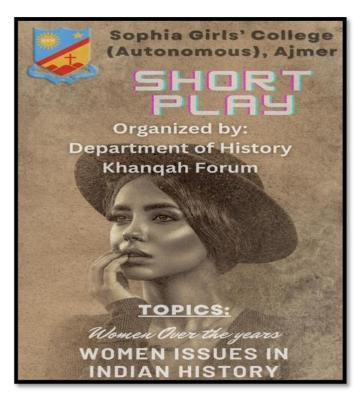
Description: - Khanqah — The History Forum organized Social Outreach Programme. The aim of this activity would be to make students of Khanqah Forum went beyond classrooms and spread the Joy of Giving among the under privileged children and to learn to be happy in life even in tough circumstances.

Outcome of Activity: Students appraised the efforts of the physically challenged children and got to know about the true meaning of life.





#### **Short Play**



Date: 13th January 2024

Name of Activity: "Short Play" No. of Students participated:

82

**Description:** - Khanqah – The History Forum organized a Short Play Competition on January, 2024. The theme of this short play was Women Over the Years & Women Issues in India. The aim of this activity was to make students understand what women have gone through in the course of History. In this activity students of Khanqah Forum presented their thoughts and opinion through their acts in the plays on women issues.

Outcome of Activity: Students appraise the efforts of other participants who acknowledged and presented the condition and position of women through the course of history.

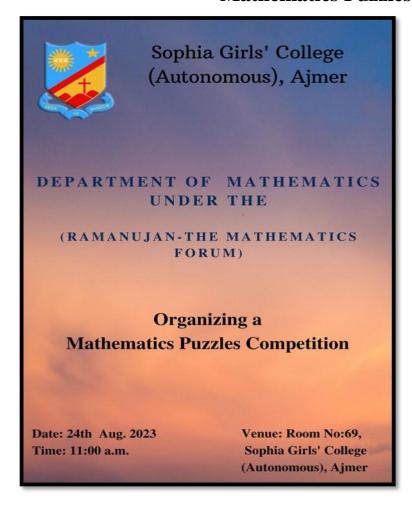






SGCA/ AQAR/ 2023-24/ 5.1.3

#### **Mathematics Puzzles**



**Date:** 24<sup>th</sup> August 2023 **Total Number of the Students:** 58

Venue: Room No: 69

Learning Outcome: The main outcome of this activity is the mental servicing of human minds to make them energetic.

Mathematics Report: puzzles competition was organised by the department of 24<sup>th</sup> mathematics on August 2023. 58 students participated in this activity. Students showed keen interest in this activity.



#### **Guest Lecture On "Consumer Awareness"**



Name of The Activity: Guest

Lecture on "Consumer

Awareness"

**Level:** Department Level **Date:** 16<sup>th</sup> August 2023

**Time:** 10:00 am

Venue: Room No. 106 Total Students: 48

**Description:** 

SOCIUS: THE SOCIOLOGY FORUM organised a guest lecture on "consumer awareness" by Shri DT Soni on 16<sup>th</sup>August 2023. The talk aimed at providing insights about Consumer Protection Act, 2019.

The resource person highlighted about the working of the consumer courts, its structures and redressal mechanism. Further there was also a discussion about consumer rights such as right to be heard, right to compensation, right to safety and other duties on the part of the consumer. At the end resource person also stressed upon the importance of bill for consumers while purchasing or selling any commodity.

The entire session also helped the students to explore about new career prospects in the field of law.





## Seminar on "Exploring Dimensions of Social Work Practice"



#### Name of the Activity:

Seminar on "Exploring Dimensions of Social Work

Practice"

**Level:** College Level **Date:** 6<sup>th</sup> October 2023

Time: 10:00 AM Venue: Auditorium Total Students: 302

**Description:** 

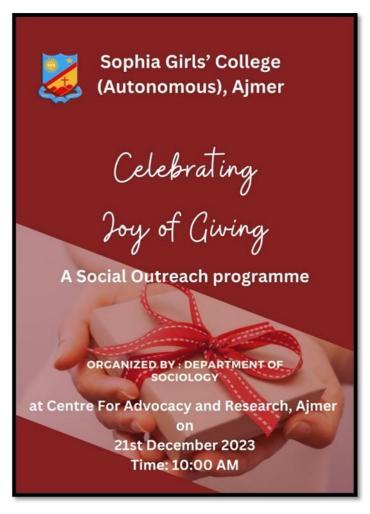
The Department of Sociology organised a "Exploring seminar on Dimensions of Social Work Practice" on 6th October 2023 in the Auditorium at 10:00 AM. The seminar was held as a part of our Student Exchange Program with Social Bhopal School Sciences. Dr. Geetika Yadav, Head of Department

welcomed the gathering. The resource persons were then invited to address the students and enlighten them with the concepts of Social Work.





#### **Social Outreach Program**



Name of the Activity: Social Outreach Program to Celebrate Joy of Giving with

Transgenders

**Level:** Department Level **Date:** 21<sup>st</sup> December 2023

**Time:** 10:00 am

**Venue:** Centre for Advocacy and Research (CFAR), Ajmer

**Total Students**:25 **Description:** 

The Department of Sociology organised a social outreach program to celebrate the joy of giving with the transgender Centre community at for Research Advocacy and (CFAR), Aimer on  $21^{st}$ December 2023 where 25 students participated from I and II year.

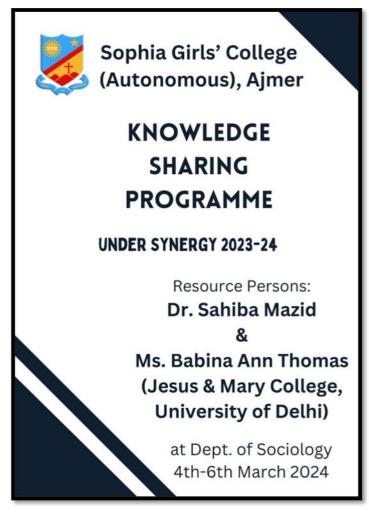
This visit provided the students with an opportunity to interact

with the transgender community and made them aware about certain problems that they face in society. The transgender community interacted with the students regarding their achievement over the years and how government worked for their welfare in various fields such as education, health, living and



much more. The aim of the visit was to celebrate the joy of giving with the transgender community and also to create awareness and increase acceptance for their community through voice of youth.

# **Knowledge Sharing Program Under International Staff and Student Exchange Program**



Name of The Activity: Knowledge Sharing Program Level: Department Level Date: 6<sup>th</sup> March 2024

**Time:** 9:00 am

Venue: Room No. 105 Total Students:68

The Department of Sociology conducted knowledge sharing program under international staff and student exchange program on 6<sup>th</sup> march 2024 with Dr. Sabiha Mazid and Ms. Babina Ann Thomas from Jesus and Mary College, New Delhi.

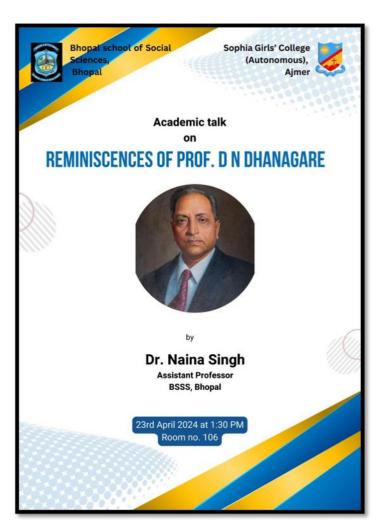
The first resource person Ms. Babina gave insights about the topic "Caste and Gender" for Generic Elective Course-Gender Studies. She discussed about varna system, hierarchy, gender expectations and how food

affects our relationships under caste structures. A total of 35 students attended the lecture.





## An Academic talk on "Reminiscences of D.N. Dhanagare



Name of the Activity: Academic talk on "Reminiscences of D.N. Dhanagare"

**Level:** Department Level **Date:** 23<sup>rd</sup> April 2024

**Time:** 1:30 pm

Venue: Room No. 105 Total Students: 08

The Department of Sociology organized an academic talk on "Reminiscences of Dhanagare" on 23<sup>rd</sup> April 2024 at 1:30 pm in room no. 105 for the postgraduate students. The resource person for the talk was Dr. Naina Senior Assistant Singh, Professor, Department Sociology, Bhopal. She gave insights about the topics as: Agrarian movements and politic. Gandhian Peasant Movements in India: 1920-

1950, Themes And Perspectives in Indian Sociology, The Writings of D. N. Dhanagare, Populism and Power':Farmers' movement in western India. The lecture also discussed-agrarian movements, caste class and power, Indian society and change, political economy of development in India.





# A Talk Series on The Pathway to Professional Courses

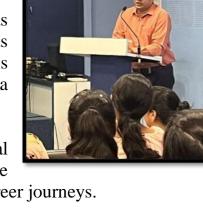


**Date**  $-24^{th} - 25^{th}$  July, 2023 **Level-** Department **Venue-** Seminar Room Title of the event – A Talk Series on The Pathway to Professional Courses **Total Number of the** Participants – 132 (24<sup>th</sup> July 2023)

The "Pathway to Professional Courses" talk series was organized with the aim of providing valuable insights and guidance to students and young professionals about pursuing professional courses and charting a successful career path.

# **Leaning Outcome**

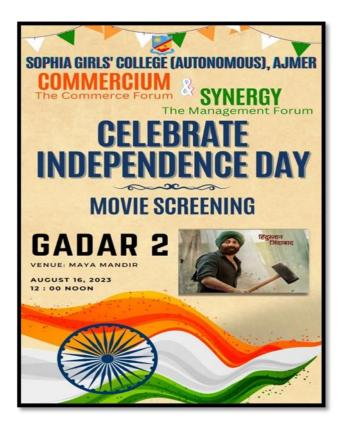
participants 1. It equipped with essential knowledge, insights, and motivation to make informed decisions about their educational and career journeys.







## Movie Screening 'Gadar 2'



Date – 16<sup>th</sup> August, 2023

**Level**- Department (Commerce and Management)

**Venue-** Maya Mandir Cineplex **Title of the event** – Movie Screening 'Gadar 2'

**Total Number of the Participants** – 145

The Department of Commerce and Management organized a movie screening event for the students on the occasion of Independence Day. The movie selected was "Gadar 2," a film that beautifully captures the spirit of patriotism.

**Leaning Outcome** 

1. he Movie focussed on fostering a sense of patriotism and nationalism. The movie could evoke emotions related to these themes.





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#### A Talk on Role of Accountant in Global Scenario



**Date** – 12<sup>th</sup> September, 2023

Level- Department (Commerce and Management)

Venue- Commerce Hall

Title of the event – A

Talk on Role of

Accountant in Global

Scenario Total Number of

the Participants – 102

The Department of Commerce and Management organized a Talk on Role of

Accountant in Global Scenario.

#### **Leaning Outcome**

1. To provide attendees with a comprehensive understanding of the accountant's role in the globalized business world, equipping them with knowledge and insights to thrive in this dynamic environment.









# A Session on Case Studies and its Approaches



**Date** – 15<sup>th</sup> September, 2023

**Level-** Department Venue- Commerce Hall

**Title of the event** – A Session on Case Studies and its Approaches

**Total Number of the Participants** – 107

The Department of Commerce and Management organized a session on "Case Study and Its Approaches". The objective of this session was to provide students

with a comprehensive understanding of case studies and their approaches. Case studies are an integral part of modern education as they help students apply theoretical knowledge to real-world situations. Furthermore, they encourage critical thinking, problem-solving skills, and effective communication – all of which are essential life skills.

## **Leaning Outcome**

1.

t helped the participants to upgrade critical thinking, problem-solving skills, and effective communication





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#### **Industry-Academia Collaboration Colloquium**

Name of the Activity-Industry-Academia Collaboration Colloquium held at BSSS Institute of Advanced Studies, Bhopal,

Date 19th January 2024

#### **No. of Participants** 08

The Industry-Academia Collaboration Colloquium held at BSSS Institute of Advanced Studies, Bhopal, on 19<sup>th</sup> January 2024, was a platform where eminent speakers from various industries shed light on the significance of collaboration between academia and industry to fortify sustainable management practices. Mr. Nixon Joseph, Mr. Ashwini Sexena, Mr. Dibyajyoti Pattanaik and Mr. Debashish Gupta, shared insights into technological innovations, education and skill development, corporate social responsibility and environmental stewardship.

The discussion encompassed the role of technology in driving sustainability initiatives, the importance of fostering sustainable leadership through education and skill development, and the corporate social responsibility towards society and the environment. The speakers emphasized the need for collaboration efforts between academia and industry to address contemporary challenges and achieve sustainable developmental goals.

The event saw the participation of 8 enthusiastic BBA  $3^{rd}$  year students along with faculty Dr. Femeena Bahkt .

#### **Learning Outcome:**

The students have learnt the significance of fostering sustainable development and its impact on society.





# International Youth Conference on India Rising at Jaipuria Institute of Management

Name of the Activity- International Youth Conference on India Rising at Jaipuria Institute of Management

**Date-** 15th February 2024 **No. of Participants-** 13

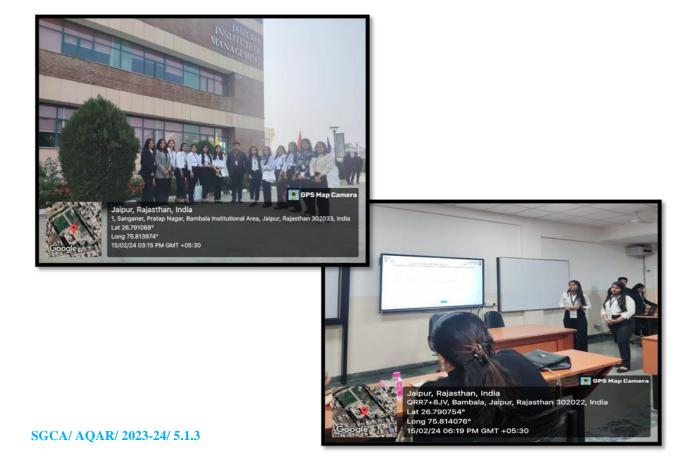
**Mode-** Offline

The 11th International Youth Conference was held at Jaipuria Institute of Management, Jaipur on 15thFfebruary 2024. A spark of knowledge and inspiration ignited within the students where they got the opportunity to witness industry leaders and changemakers like Shri Balmukund Acharya Ji, Shri Ravi Kant Ji, Harsh Gujral, and many others eminent speakers who have shared their experiences.

The host talked about the book "LEADING FROM THE BACK" by Mr. Ravikant. He had mentioned about his journey. Then Aaquid wani shared his life experience and taught the students how to stay motivated towards their goals and how to deal with failure to achieve success in their life.

#### **Learning Outcome:**

The conference was enriching for the students where they have explored the transformation of India. The conference made a meaningful and important intervention in the national transformation of the society, its quality and the need of ensuring its continuous upgradation.



## **Navigating Career Paths – A Guide for Graduates**



Date – 7<sup>th</sup> February, 2024 Level- Institutional Venue- Commerce Hall Title of the event - Navigating Career Paths – A Guide for Graduates

# **Total Number of the Participants** –87

On 7th Feb 2024, a session focusing on navigating the career path for Bachelor of Commerce (B.Com) and Bachelor of Business Administration (B.B.A.) graduates was conducted. The session aimed to provide insights and guidance students regarding various skill career options,

development, and strategies for achieving success after graduation.

## **Learning Outcome –**

1.

o build up a proactive approach to career planning after graduation by researching various industries and roles, and identifying areas of interest and growth.

2.

o nurture professional network through networking events, alumni connections and online platform.





#### **Social Outreach Programme**



**Date** – 16<sup>th</sup> December, 2023

**Level-** Institutional

**Venue**- Basti (Slum Area) in Kotna, Near Mangalam Apartments

**Title of the event-** Social Outreach Programme

**Total Number of the Participants** – 67

The social outreach program conducted in the slum area of Ajmer aimed to address the socioeconomic challenges faced by residents and promote community development and well-being. The slum

area in Ajmer presents numerous challenges related to poverty, inadequate infrastructure, and limited access to essential services. In response to these challenges, a social outreach program was initiated to support and uplift the community residing in the slum area.

Learning Outcome -

- 1. To foster a sense of social responsibility and civic engagement among college students.
- 2. o address pressing social issues and challenges faced by marginalized communities.
- 3. To empower students to become agents of positive change in their communitie





#### **A Short Video Making Competition**



Name of Department -Botany

Name of the Activity – A Short Video Making Competition

**Date of activity** – 11<sup>th</sup> Oct. 2023

Number of Participants - 62 Venue – Sophia Girls' College

(Autonomous), Aimer

Objective of the Activity -

The Department of Botany organized A Sort Video Making Competition of Campus plants on 11<sup>th</sup> Oct. 2023 for the students of B.Sc. Bio. This activity will be an opportunity for the students for experiential learning, development of creative skills and promotion of interest in plant sciences.

**Learning Outcome –** 

The students will be able to

- 1. Identify the plants and comprehend their economic & ecological significance.
- 2. Classify plants in different categories viz. indoor plants, holy plants, seasonal plants etc.



#### Screening of a Documentary 'Secret Nature: Flower Power'



Name of Department - Botany
Name of the Activity - Screening
of a Documentary 'Secret Nature:
Flower Power'

**Date of activity** – 15<sup>th</sup> March 2024 **Number of Participants** - 57

**Venue** – Sophia Girls' College (Autonomous), Ajmer

#### Objective of the Activity -

The Department of Botany screened a Documentary 'Secret Nature: Flower Power' on 15<sup>th</sup> March 2024 for the students of B.Sc. Bio. This activity will elevate the interest and understanding of students in plant sciences.

Learning Outcome -

The students will be able to

pollinating agents.

Assess the role of insects as

2. Analyse the adaptations in different insectivorous plants to capture insects for their nutrition.





#### "Crafting a Winning Resume: Strategies for Standing Out in the Job Market"



Date –12<sup>th</sup> August, 2023 Level-College Venue-College Auditorium Title of the event – "Crafting a Winning Resume: Strategies for Standing Out in the Job Market"

# **Total Number of the Participants** –152

A session on "Crafting a Winning Resume: Strategies for Standing Out in the Job Market" was organized for the of students Training, Placement and Career Counselling Cell. The event aimed to equip the students essential with skills insights to make a resume which is relevant to the

contemporary times. The talk equipped them to be confident about their skills as they embark on the next step of their careers.

#### **Leaning Outcome**

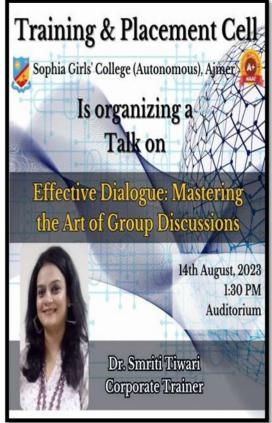
To create an effective resume representing one's skills, experience, and educational background.



#### A Talk on



#### **Effective Dialogue: Mastering the Art of Group Discussions**



**Date** – 14<sup>th</sup> August, 2023

**Level-** College

**Venue-** College Auditorium

**Title of the event** – Effective Dialogue: Mastering the Art of Group Discussions

# **Total Number of the Participants**

**-** 109

A talk on Effective Dialogue: Mastering the Art of Group Discussions was organised for the students of Training and Placement Cell. The event helped to equip the students with essential skills and insights to excel in interviews and develop a compelling personal brand. The talk provided valuable guidance to the students as they prepare to enter the competitive world of higher education and employment.

## **Leaning Outcome**

1. Participants will be able to gain a clear understanding of why effective dialogue is crucial in various contexts, such as professional settings, educational environments, and community interactions.

2. Attendees will learn active listening strategies that facilitate deeper understanding and empathy during group discussions.









# "Unveiling Your Professional Persona: MasteringInterview Skills and Personal Branding"



**Date** – 19<sup>th</sup> August, 2023

Level- College

**Venue-** Seminar Room

**Title of the event** – "Unveiling Your Professional Persona: Mastering Interview Skills and Personal Branding"

**Total Number of the Participants** – 94

A talk on "Unveiling Your Professional Persona: Mastering Interview Skills and Personal Branding" was organised for the students of Training and Placement Cell. The event aimed to equip the

students with essential skills and insights to excel in interviews and develop a compelling personal brand. We believed that this talk provided valuable guidance to the students as they prepare to enter the competitive world of higher education and employment.

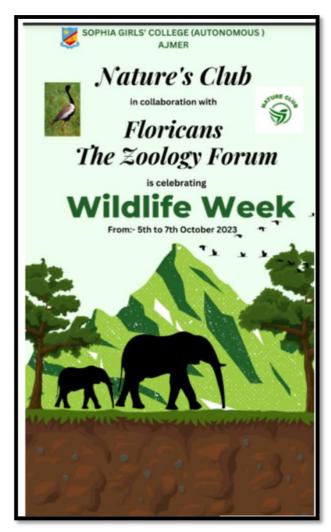
#### **Leaning Outcome**

1. It equipped participants with essential skills of interview and preparethem for the competitive world.





#### Wildlife Week Celebration



Name of Department: Floricans-The Zoology Forum & Nature Club Date of activity: 5<sup>th</sup> & 6<sup>th</sup> October 2023

Level of Event: Inter College

Title of the Event: Wildlife Week

Celebration

Number of Participants: Stone

Painting Competition: 26 Speech Competition: 7

Sparrow house making Competition:

5

Guest Lecture: 95

Quiz: 15

To focus the attention of youth importance towards the conservation of the wildlife. Floricans Department of Zoology & Nature Club, organized the Wildlife week celebration from 5<sup>th</sup> & 6<sup>th</sup> October 2023. Various competitions like Stone painting, speech, sparrow house making, Quiz and wildlife were on

conducted for students.

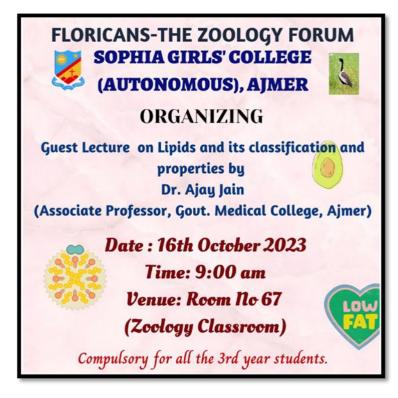
The main aim of the wildlife week celebration was to raise awareness and promote conservation efforts related wildlife and their habitats.

. The guest lecture was highly informative and engaging. The session facilitated a deeper understanding of the topic and allowed the participants to clarify any doubts they had.





#### **Guest Lecture**



Name of Department: Floricans- The Zoology Forum

**Date of activity**: 16<sup>th</sup> October 2023

Level of Event: Intra

College

Category of Event: Guest Lecture

**Number of Participants:** 35

Name of the resource person: Dr.Ajay Jain – Associate Professor, Govt. Medical College, Ajmer Brief write un

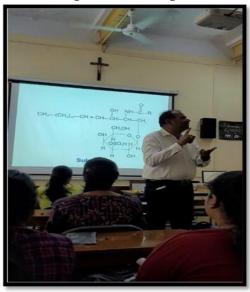
Brief write up highlighting the major features of the event

#### (Objective)

On 16<sup>th</sup> October 2023, guest lecture was organised on the topic Enzymes and its properties. Dr.Ajay Jain – Associate Professor, Govt. Medical College, Ajmer, delivered the session.

The aim of the lecture was to provide a comprehensive overview of enzymes and their properties, equipping attendees with a deeper understanding of these crucial biological molecules.

The participants will develop a deeper appreciation for the significance of enzymes in biology and enabling them to apply this knowledge in their academic pursuits and professional endeavours.





#### **Guest Lecture**



Name of Department: Floricans- The Zoology Forum Date of activity: 12<sup>th</sup> October 2023

**Level of Event:** Intra College **Category of Event:** Guest

Lecture

Number of Participants: 41
Name of the resource person:
Dr.Ajay Jain – Associate
Professor, Govt. Medical
College, Ajmer

Brief write up highlighting the major features of the event (Objective)

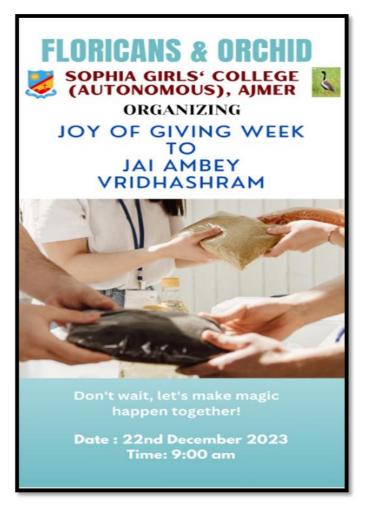
On 12<sup>th</sup> October 2023, guest lecture was organised on the

topic Lipids, its classification and its properties. Dr.Ajay Jain – Associate Professor, Govt. Medical College, Ajmer, delivered the session. The aim of the lecture was to provide a comprehensive understanding of lipids, including their diverse types, functions and properties.

The main objective of the session was to foster a deeper understanding and appreciation of lipids and their significance.



## Visit to Jai AmbeyVridhashram – Joy of Giving week



Name of the Forum – Department of Zoology & Botany

Name of the Activity- Visit to Jai Ambey Vridhashram – Joy of Giving week

Category of the Activity: Outreach Programme

**Date of activity**-22<sup>nd</sup> December 2023

**Number of Participants-**67

Venue: Jai Ambey Vridhashram, Ajmer

#### Objective of the Activity –

The main objective of this outreach program to the Jai Ambey Vridhashram was to share the love and joy of Christmas with those whom the society neglects.

#### **Report:**

On 22<sup>nd</sup> December 2023, the students of Department of

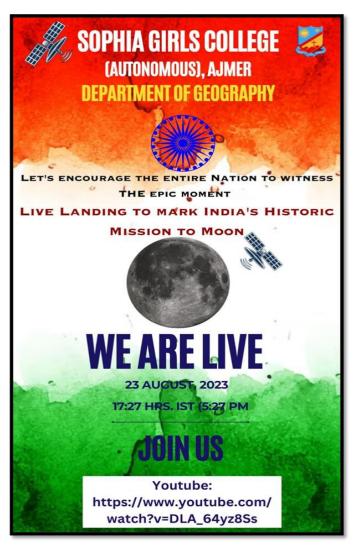
Zoology and Botany visited the Jai AmbeyVridhashram and spend some time talking to every member of the inmate.

The activity also focused to inculcate in the student's respect and love for their parents, grandparents and elders and to treat them with dignity and honor and respect when they are old and depended.





## **Celebrate Successful Launching of Chandrayan-III**



Name of Department-Geography

**Date of activity-**23<sup>rd</sup>August, 2023

**Level of Event-**Institutional Level

**Title of the Event** – Celebrate Successful Launching of Chandrayan-III

**Number of Participants- 174** 

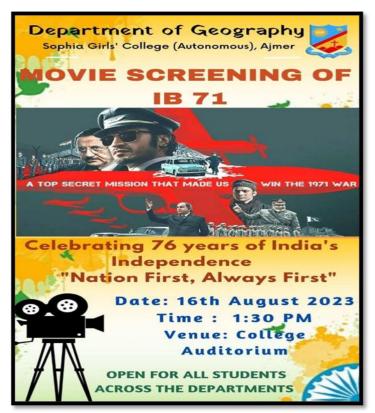
Girls College Sophia (Autonomous), Aimer organized an activity in collaboration with Rajasthan Patrika newspaper to commemorate the launch of Chandrayaan 3 by capturing the campus photos of students and staff cheering the success of ISRO. This could he wonderful for opportunity students to engage with space exploration along celebrating India's achievements in space science. Chandrayaan-3 is an Indian Space Research

Organization mission that landed near the south pole of the Moon on Aug. 23, 2023.





## **Movie Screening of IB 71**



Name of Department-Geography

**Date of activity-**16<sup>th</sup>August, 2023

**Level of Event-**Institutional Level

**Title of the Event** – Movie Screening of IB 71

Number of Participants- 165
"The aim behind screening of
the movie was to celebrate
Azadi ka Amrit Mahotsav,
India's Independence: Nation
first always first! The film
traces the success story of
Indian Intelligence agencies
against Pakistan. This thoughtprovoking activity was
conducted for Undergraduate

and Post graduate students to make them aware about an untold, true story that led to India's victory in 1971 Indo – Pak war.

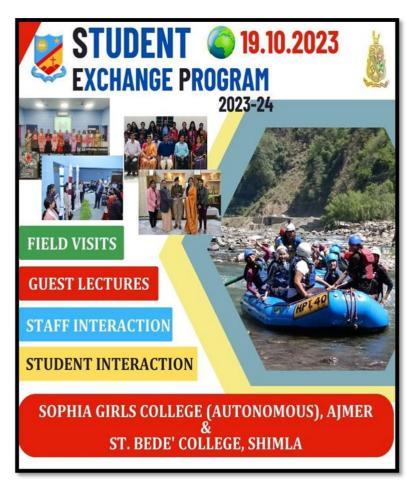
#### **Learning Outcomes:**

- 1. To inculcate the feeling of patriotism, selflessness, love for one's country and faith in agencies of the nation in students.
- 2. Students were able to learn about Indian security agent's bravery and how they stood up against all odds.





## Staff and Students exchange program



the exchange program were as follows:

- Guest Lectures
- Interaction
- Visit to Barefoot College, Tilonia
- Cultural Event

Name of Department-Geography

**Date of activity-** 19<sup>th</sup> October 2023

**Level of Event-**National level

**Venue:** Sophia Girls' College (Autonomous) Ajmer

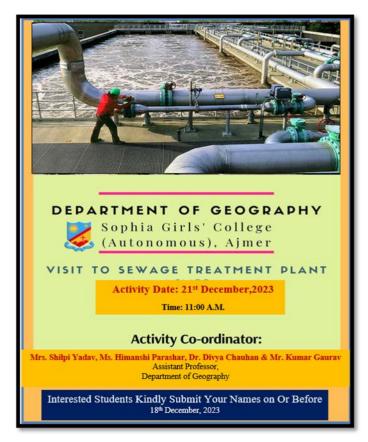
**Title of the Event-** Staff and Students exchange program

Number of Participants-189 Students & Staff - 09 A Staff and Students exchange program was organized wherein Staff and students from St Bede's College, Shimla visited the Sophia Girls' College (Autonomous), Ajmer. The activities of





## **Visit to Anasagar Sewage Treatment Plant**



Name of Department-GeographyDate of activity-21<sup>st</sup> December,2023

**Level of Event-**Institutional Level

**Title of the Event** – Visit to Anasagar Sewage Treatment Plant

## **Number of Participants-** 57 **Details of Resource Persons/**

The main objective of visiting the Anasagar sewage treatment plant was to provide students with the practical knowledge about water treatment processes and what is the importance of this process

#### **Learning outcomes:**

1. After the visit students were able to know about the

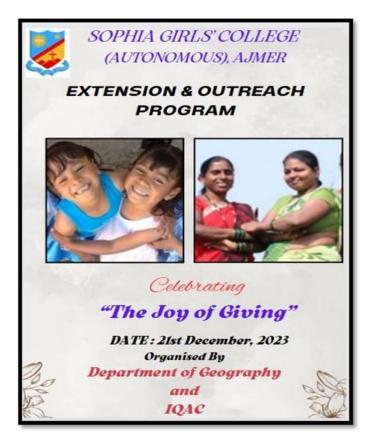
various phases of water treatment.

- 2. They were also made aware about various scientific processes which are involved in the treatment.
- 3. This visit helped UG and PG students to enhance their collective theoretical and practical knowledge of sewage primary, secondary treatment and tertiary Treatment Plants.





## Joy of giving- Outreach Program



Name of Department-Geography

**Date of activity-** 21<sup>st</sup> December, 2023

**Level of Event-**Institutional Level

**Title of the Event** – Joy of giving- Outreach Program

#### **Number of Participants- 57**

The Department of Geography Of Sophia Girls' College (Autonomous), Ajmer took students for social outreach program to Nari Niketan and Apna Ghar Ashram. This outreach program aimed at promoting positive change and touching the life's of people.

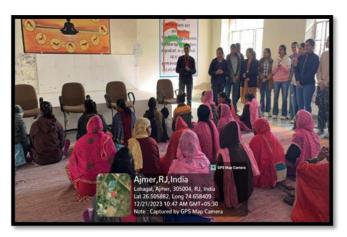
#### **Learning Outcomes:**

1. Students conducted

varies activities like singing and dancing, Antakshari, etc. for the members of Nari Niketan.

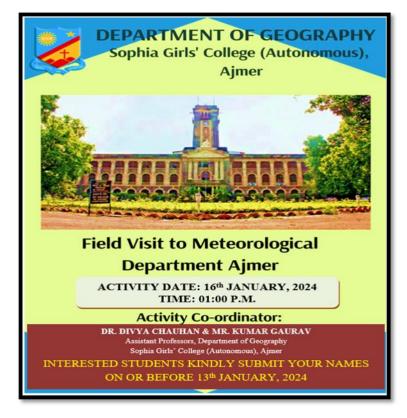
2. All these activities helped in forming inclusive and supportive community creating a sense of belonging among the participants.

Students learned about the importance of simple living and high thinking.





## **Visit to Regional Metrological Department**



**Name of Department**-Geography

**Date of activity-** 16<sup>th</sup> January, 2024

**Level of Event-**Institutional Level

**Title of the Event** – Visit to Regional Metrological Department

**Number of Participants**-11

The aim of the students' field visit to our Meteorological Department is to provide them with a hands-on experience in understanding the intricacies of weather forecasting, climate monitoring, and

meteorological instrumentation. Through this visit, we aim to bridge theoretical knowledge with practical insights, fostering a deeper comprehension of meteorological processes and their significance in environmental science.

#### **Learning Outcome-**

- 1. Students will gain practical insights into the functioning of meteorological instruments, observing how data is collected, analysed, and utilized for weather predictions
- 2. Students will have the opportunity to engage with meteorological experts, fostering a direct exchange of knowledge and addressing queries to enhance their understanding of meteorological principles.





## An Education Trip to Kumbhalgarh Fort Heritage Survey for B.A/ Hon's part III



Name of Department-Geography
Date of activity- 31st March 2024
Level of Event- Institutional level
Title of the Event- An Education
Trip to Kumbhalgarh Fort Heritage
Survey for B.A/ Hon's part III
Number of Participants- 35
A Survey of 1 Days was organized
for the students of Geography (III
year) to the Great Wall of India,
Kumbhalgarh Fort. The students
were familiarised with field survey
technique, Data collection and
empirical techniques of analysis.

#### **Learning Outcomes:**

1. The students developed a comprehensive knowledge about the Geographical & Historical perspective with a different physical and

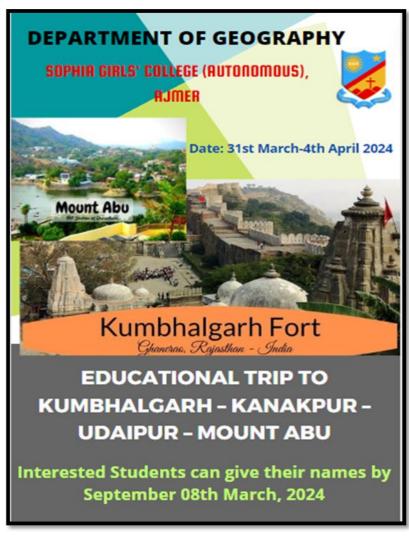
anthropogenic environment at the survey area.

2. Students also developed skills of establishing relationship between theoretical and practical knowledge.





#### Educational Trip to Kumbhalgarh – Kanakpur – Udaipur – Mount Abu



Name of Department-Geography

**Date of activity**- 31<sup>st</sup> March to 03<sup>rd</sup> April, 2024

**Level of Event-**Institutional level

**Title of the Event**Educational Trip to
Kumbhalgarh –
Kanakpur – Udaipur –
Mount Abu

Number of Participants- 97

An Educational Trip of 5 Days was organized for the students of Geography (Under-Graduation and Post-Graduation) to places Kumbhalgarh,

Ranakpur, Udaipur and Mount Abu (Rajasthan) to apprise them about field

survey, Data collection, empirical techniques of Analysis.

## **Learning Outcomes:**

- 1. The students developed a comprehensive knowledge about the Geographical perspective with a different physical and anthropogenic environment through flipped classroom technique.
- 2. Students also developed a viewpoint along with facilitating creative thinking and extensive empirical research through field survey.





## Online Orientation Programme (Geo – Innovation Challenge: Role of Geospatial Technologies in Capacity Building of Women in Society

Name of Department-Geography Date of activity- 27<sup>th</sup> May, 2024 Level of Event- National level

Venue: Online

**Title of the Event-** Online Orientation Programme (Geo – Innovation Challenge: Role of Geospatial Technologies in Capacity Building of Women in Society

#### **Number of Participants- 25**

The Geo - innovation Challenge, hosted by Department of Geography at Sophia Girls' College (Autonomous), Ajmer sponsored by National Geo – Innovation Challenge: Role of Geospatial Technologies in Capacity Building of Women in Society, Department of Science and Technology (DST). Participants were invited to propose ideas that transcend traditional boundaries, focusing on applications such as environmental conservation, urban planning, disaster management, and more. The challenge encourages interdisciplinary approaches, inviting entries from diverse fields including geography, environmental science, engineering, and computer science. This pioneering event aims to ignite creativity and innovation among the youth by integrating geospatial technologies with visionary concepts. Eminent scientists and Professors from across the country visited the department for the same.

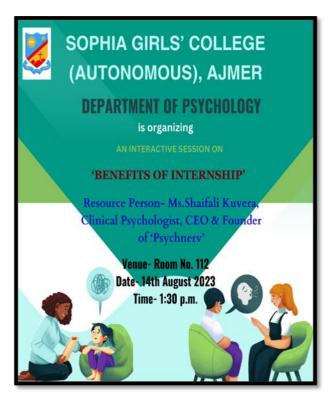
## **Learning Outcomes:**

- Participants were not only showcased their creativity but also have the opportunity to receive future support from DST to develop their ideas into actionable projects.
- Participants were able to develop their skills and emphasized the significance of innovation in sustainable development and encouraged participants to continue their endeavours in scientific research and social entrepreneurship.





#### **Benefits of Internship**"



Date –14<sup>th</sup> August 2023

**Level** – Departmental

**Venue** – Room No. 112

**Title of event** – "Benefits of Internship"

No. of Participants – 26

**Resource Person** – Ms. Shaifali Kuvera, Clinical Psychologist, CEO & Founder of 'Psychnery'

#### **Description:-**

The Department of Psychology of Sophia Girls' College (Autonomous), Ajmer organized an Interactive session on "Benefits of Internship" on 14<sup>th</sup> August from 1.30 p.m. onwards in Room No. 112. Ms. Shaifali Kuvera, the resource person of the session addressed the students

about the importance of pursuing an internship and how it impacts the current knowledge of the subject Psychology.

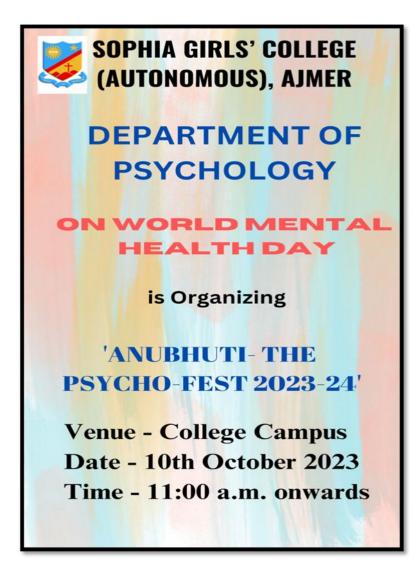
#### **Learning Outcomes**

- Acquire knowledge of the basic skills of counselling, history taking interviews, mental status examination and case study writing
- Understand the importance of practical exposure and experience through internships in the field of Psychology





## "Anubhuti- The Psycho-Fest 2023-24"



**Date** –10<sup>th</sup> October 2023 **Level** – Departmental **Title of event** – Anubhuti- The Psycho-Fest 2023-24

**No. of Participants** – 107

The Department Psychology of Sophia Girls' College (Autonomous), Aimer on the occasion of World Mental Health Day "Anubhutiorganized The students exhibited various counters which included environment therapy, art therapy, dance, music, indigenous games, etc. in order to create awareness about 'Mental Health'.

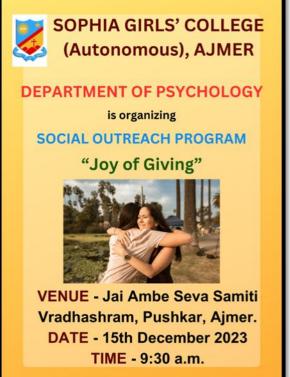
## **Learning Outcomes**

- Develop awareness about the importance of improving their mental health.
- Practice different methods of mindfulness activities in order to enhance their mental well being.





# Social Outreach Program- Joy of Giving



Date –15<sup>th</sup> December 2023

**Level** – Departmental

**Venue** – Jai Ambe Seva Samiti Vradhashram, Pushkar, Ajmer

**Title of event** – Social Outreach Program- Joy of Giving

**No. of Participants** -39

The Department of Psychology of Sophia Girls' College (Autonomous), Ajmer organized a Social Outreach

Program 'Joy of Giving' on 15<sup>th</sup> December 2023, where students along with a teacher of the department visited an old age home Jai Ambe Seva Samiti Vradhashram, Pushkar, Ajmer. The students interacted with the senior citizens of the old age home, played games and performed action songs in order to share their feelings of joy and happiness.

## **Learning Outcomes**

- Understand the concerns experienced by the senior citizens of the society.
- Develop an empathetic understanding and share their joy with the members of the old age home.





SGCA/ AQAR/ 2023-24/ 5.1.3

## Visit to Annual Fest- Badhir Vidyalaya, Ajmer



**Date** –10<sup>th</sup> February 2024

**Level** – Departmental

**Venue** – "Visit to Badhir Vidyalaya, Ajmer"

**Title of event** – Annual Fest-Badhir Vidyalaya

No. of Participants -12

The Department of Psychology of Sophia Girls' College (Autonomous), Ajmer visited the Annual Fest of Badhir

Vidyalaya, Ajmer on 10th February 2024, where students along with teachers of the department. The students interacted with the students of the school, they enjoyed the exhibition the prepared by the students of Badhir Vidyalaya, Ajmer.

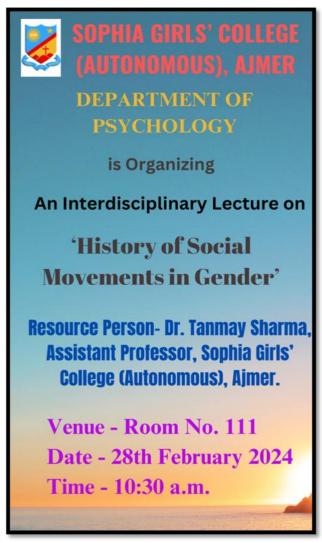
#### **Learning Outcomes**

- Witness the creativity of the special students in the various counters exhibited by them.
- Understand the significance, roles and responsibilities of a special educator in developing innovative ideas in order to teach the special children.





## **History of Gender Movements in India**



**Date** – 28<sup>th</sup> February 2024 **Level** – Departmental **Venue** – Room No. 111 **Title of event** – "History of Social Movements in Gender" No. of Participants – 11 **Resource Person** – Dr. Tanmay Sharma Contact No. - 9660160006 The Department of Psychology of Sophia Girls' College (Autonomous), Ajmer organized an Interdisciplinary lecture "Interdisciplinary Lecture History of Social Movements in Gender" on 28th February from 10:30 a.m. onwards in Room No. 111.**Dr. Tanmay Sharma**, the resource person of the session addressed the students about the feminist movement and also spoke about topics such as gender discrimination, women empowerment and women

#### **Learning Outcomes**

On the completion of the above activity the students will be able to –

- Develop knowledge about the feminist movements in India
- Gain an understanding of gender discrimination, women empowerment and women at workplace.

workplace.





## **Hybridization Gamefied**



Name of the Department-Chemistry

Name of the Activity- Fun Learning Activity "Hybridization Gamefied"

**Date of activity** – 10<sup>th</sup>August, 2023 **Number of Participants** – 30

**Venue**–Room No. 40

#### **Objective of the Activity –**

The aim of fun learning activity on "Hybridization Gamefied" was to enhance the imaginative and innovative aptitude of the students and explore the geometries of molecules in a three dimensional arrangement. Total 39 students participated in it from B.Sc. Part-I. The students made various types of hybridization oriented shapes with the help of air balloons, in a creative

and inventive way.

## **Learning Outcome**

The "Hybridization Gamefied" enriched the creative and innovative aptitude in the students. It provided the platform to students to showcase their knowledge of Geometry found in different types of molecules.

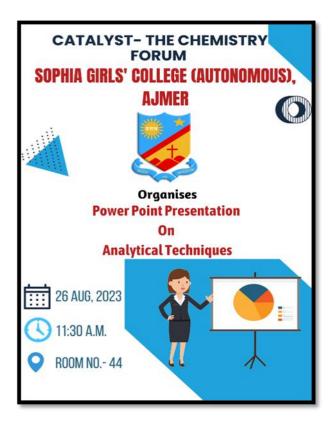








#### **Power Point Presentation on Analytical techniques**



Name of the Department-Chemistry

Name of the Activity- "Power Point Presentation on Analytical techniques"

**Date of activity** – 26<sup>th</sup>August, 2023 **Number of Participants** – 16 **Venue**–Room No. 44

Objective of the Activity –

The aim of "PowerPoint Presentation on Analytical Techniques" was to enhance the presentation skills and innovative aptitude of the students and enrich their knowledge in the applicative analytical techniques. Total 16 post-graduate students participated in it and showcased their Teaching Skills by the help of various Presentations.

#### **Learning Outcome**

The "PowerPoint Presentation on Analytical Techniques" enhanced the innovative aptitude in the students. It provided proper platform to students to depict their knowledge of Analytical techniques with the help of Presentations.





#### **Industrial Visit To Grtm Industries Private Limited**



Name of the Department-Chemistry

Name of the Activity-"Industrial Visit to GRTM Industries Private Limited"

**Date of activity** – 9<sup>th</sup> September, 2023

**Number of Participants** – 91

**Venue**–GRTM Industries Private Limited, Nasirabad

Catalyst-The Chemistry Forum Organized an Industrial Visit to Industries. GRTM for the students of classes B.Sc. and M.Sc., where they had the opportunity to dive deep into the world of industrial processes, witnessing the process of how quality products the are manufactured and packaged.

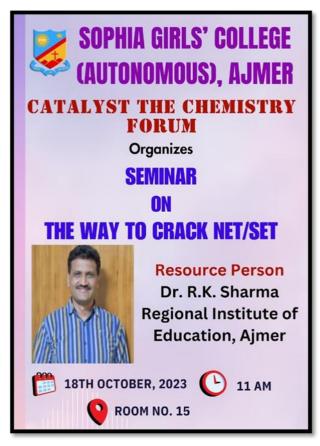
## **Learning Outcome**

The students embarked the

insightful industrial visit. This visit helped the student in exploring the Real-World Application of Knowledge.



## Seminar On 'The Way To Crack Net/Set'



Name of the Department-Chemistry

Name of the Activity- Seminar on 'The Way to Crack NET/SET'

**Date of activity** –18<sup>th</sup> October, 2023 **Number of Participants** –23

Number of Participants –

Venue–Room No. 15

**Resource Person**- Dr. R.K. Sharma, Assistant Professor, Department of Chemistry, Regional Institute of Education, NCERT, Ajmer.

Contact No. - 9414278789

Catalyst the Chemistry Forum conducted an Online Seminar on "The way to Crack NET/SET" on 18<sup>th</sup> October, 2023 to guide the students regarding the Impressions and Pattern of the Paper. The aim of this seminar was to help the students to clear the difficulties they face during the commencement of the

paper and their doubts related to the prerequisites of the Paper for e.g. the eligibility criterion, etc. This Seminar was hosted online Via Google Meet, for the students of M.Sc. Previous and M.Sc. Final and was taken by Dr. R.K. Sharma, a renowned Professor who himself has cracked the NET, 17 times.

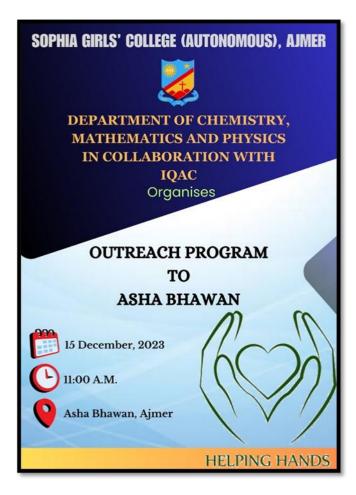
#### **Learning Outcome –**

This seminar gave an insight to the students with regards to various opportunities, after NET/ SET and also enriched their knowledge in field of Lectureship and Research.





## An Outreach Program to "Asha Bhawan"



Name of the Department-Chemistry

Name of the Activity- An Outreach Program to "Asha Bhawan"

**Date of activity** – 15<sup>th</sup> December, 2023

#### **Number of Participants** – 42

Venue-"Asha Bhawan"

On the 15th of December, the students of the B.Sc. (Maths) and M.Sc. Chemistry visited The Asha Bhawan (Sadbhawna Bhawan), a home for the destitute, as part of the outreach program "Joy of Giving". The students interacted with the people there, under the guidance of Asha Bhawan's team and the faculty, the student voluntarily spread out into groups of 4 and 5. They kept the people their engaged in various activities

and games. The volunteers made the children gather and organized games in response to which there was full participation and enthusiasm.

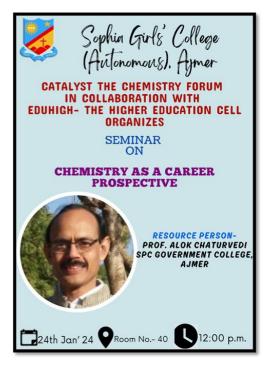
## **Learning Outcome –**

The day proved to be life changing to some students as they realized that how much a little support and time can bring so much joy and impact lives.





## **Seminar On Chemistry as a Career Prospective**



Name of the Department- Chemistry & EduHigh- The Higher Education Cell

Name of the Activity- Seminar on Chemistry as a Career Prospective

**Date of activity** – 24<sup>th</sup> January, 2024

**Number of Participants** – 63

Venue–Room No. 40

**Resource Person** – Dr. Alok Chaturvedi, Professor, Department of Chemistry, SPC Government College, Ajmer

**Contact No. -** 8764001157

Catalyst the Chemistry Forum in collaboration with Edu-High – The Higher Education Cell organized a talk on "Chemistry as a Career Prospective." The talk elaborated about chemistry as a versatile field that offers numerous career opportunities across various

industries, with a background in chemistry, individuals can leverage their skills and qualifications to pursue careers in fields such as education, manufacturing, ecology, and law enforcement, primary duties facilitated by chemistry individual include conducting experiments, analysing samples, developing manufacturing processes, overseeing production processes, conducting research, educating students, and managing environmental issues etc.

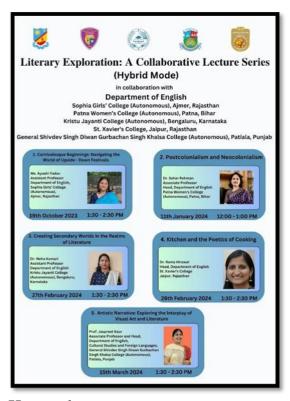
#### **Learning Outcome –**

The talk enriched the knowledge among students related to the diverse field of chemistry and encouraged them to opt for chemistry as their Career Aspects.





# National Lecture Series: "Literary Explorations: A Collaborative Lecture Series"



**Date-** 19th October 2023 to 15th March 2024

**Venue-** Hybrid Mode

Name of the Activity- National Lecture Series: "Literary Explorations: A Collaborative Lecture Series"

#### Resource Person -

- 1. Ms. Ayushi Yadav, Assistant Professor, Department of English, Sophia Girls' College, (Autonomous), Ajmer
- 2. Dr. Sahar Rahman, Head and Associate Professor, Department of English, Patna Women's College (Autonomous), Patna
- 3. Dr. Neha Kumari, Assistant Professor Department of English Kristu Jayanti College Autonomous, Bengaluru,

#### Karnataka

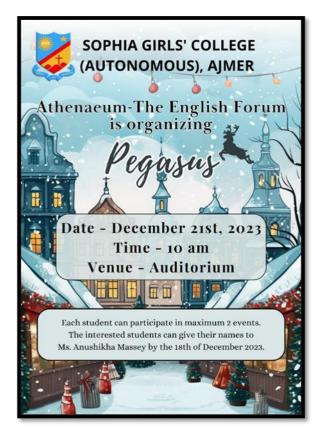
- 4. Dr. Rama Hirawat, HOD, Department of English, St. Xavier's College, Jaipur 5. Prof. Jaspragt Kaur, Associate Professor, Head and Dean Languages, P.G.
- 5. Prof. Jaspreet Kaur, Associate Professor, Head and Dean Languages, P.G. Department of English and Foreign Languages, Khalsa College Patiala

**Objective of the Activity:** The activity was conducted in Collaboration with 4 active MOU colleges and the aim was to help students interact with different faculties and learn about the latest trends in English literature.





## **Pegasus: The Literary Fest**



**Date** – 21<sup>st</sup> December 2023

Level- College

**Venue-** Fortunatus Indoor Stadium

Title of the event – Pegasus: The

Literary Fest

**Total Number of the Participants** – 141

**Description-** The Department of organized English the muchanticipated Pegasus: The Literary Fest on 21st December, 2023, at the Fortunatus Indoor Stadium. The fest aimed to cultivate the creative prowess of students through a diverse array of competitions. The festivities kicked off with "Deck the Pages," a festive literary bookmark/card making competition, followed by intriguing "Tiny Tales," challenging

storytellers to convey a narrative in just five words. "Wish upon a Star" and "Jingle Bell Baking Bonanza" explored artistic expression through wishes and culinary creativity, respectively. "Season's Narratives" encouraged the composition of Christmas carols, tales, poems, or songs within a concise





## Two Day National Workshop on Exploring Literature, Language, Culture and the Internet."



Date - 30<sup>th</sup> & 31<sup>st</sup>
January, 2024
Level - National
Venue - College
Auditorium
Title of the event "Two Day National

"Two Day National Workshop on Exploring Literature, Language, Culture and the Internet."

**Total Number of the Participants** – 208

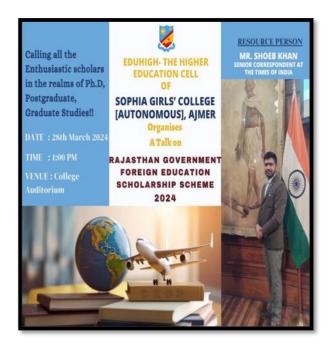
Description- The Department of English organized a Two-Day National Workshop on Language, Literature, Culture, and the Internet was

successfully conducted, bringing together esteemed speakers and participants from various academic and professional backgrounds. The workshop aimed to explore innovative approaches in utilizing digital platforms to enhance language learning, promote literary appreciation, and preserve cultural heritage..





## Seminar on Rajasthan Government Foreign Education Scholarship Schemes 2024



Name of the Department-

EduHigh- The Higher Education Cell

Name of the Activity- Seminar on Rajasthan Government Foreign Education Scholarship Schemes 2024

**Date of activity** –28<sup>th</sup> March, 2024 **Number of Participants** –**100** 

**Venue**– Auditorium

**Resource Person** – Mr. Shoeb Khan, Senior Correspondent, The Times of India, Jaipur Edition

A Seminar on Rajasthan Government Foreign Education

Scholarship Schemes 2024 for college students was held on 28<sup>th</sup> March, 2024. The objective of the session was to provide detailed information about the various scholarship schemes offered by the Rajasthan government to support college students aspiring to pursue higher education abroad. Mr.Shoeb Khan, Senior Correspondent, The Times of India, Jaipur Edition provided an overview of the Rajasthan Government's initiatives to support higher education abroad & highlighted the importance of such schemes in fostering academic growth and global exposure for students.

#### **Learning Outcome –**

- 1. Attendees gained valuable information and guidance on the scholarship opportunities available to them.
- 2. Insights on preparing for standardized tests such as GRE, TOEFL, and IELTS





## Language and communication skills Letter Writing Competition



- Name of the Department:हिन्दी
- Name of the Activity: पत्र लेखन प्रतियोगिता
- Date: 12 अगस्त 2022
- Total Number of the Students: 36
- Venue: कक्ष स.97
- · Objective of the Activity.

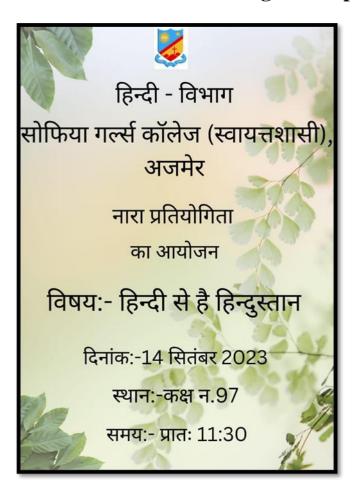
1२ अगस्त 2022 को सोफिया कॉलेज अजमेर में हिंदी विभाग के जानोदय-क्लब के तत्वावधान में समस्त विद्यार्थियों हेतु पत्र लेखन प्रतियोगिता का आयोजन किया गया। जिसका विषय "लिख दूं चिठियाँ मेरी माई को" रखा गया | इसका उद्देश्य लुप्त होती हुई पत्र लेखन शैली को पुनर्जीवित करना है | इसमें लगभग 36 विद्यार्थियों ने भाग लिया । प्रतियोगिता के आयोजन में हिंदी विभागाध्यक्षा डॉ. सुनीता सियाल की सहभागिता रही । प्राचार्या डॉक्टर सिस्टर पर्ल ने विजेता प्रतिभागियों को बधाई देकर उनका उत्साहवर्धन किया।

Blenity Sixel





## **Slogan Competition**



Name of the Department:हिन्दी

Name of the Activity: नारा लेखन प्रतियोगिता

- Date: 14 सितम्बर 2023
- Total Number of the Students: 12
- Venue: कक्ष स.97
- · Objective of the Activity:

14 सितम्बर 2023 को सोफिया कॉलेज अजमेर में हिंदी विभाग के जानोदय-क्लब के तत्वावधान में समस्त विद्यार्थियों हेतु नारा प्रतियोगिता का आयोजन किया गया। जिसका विषय "हिन्दी से हैं हिंदुस्तान" रखा गया | इसका उद्देश्य विद्यार्थियों की बौद्धिक क्षमता और कलात्मकता का विकास करना है | इसमें लगभग विद्यार्थियों ने भाग लिया । प्रतियोगिता के आयोजन में हिंदी विभागाध्यक्षा डॉ. सुनीता सियाल की सहभागिता रही । प्राचार्या डॉक्टर सिस्टर पर्ल ने विजेता प्रतिभागियों को बधाई देकर उनका उत्साहवर्धन किया।

Dr. Sunita Siyal Head Department of Hindi Sophia Girls' College (Autonomous), Ajmer



## **Poem Writing Competition**

- Name of the Department:हिन्दी
- Name of the Activity: कविता लेखन प्रतियोगिता
- Date: 11 दिसम्बर 2023
- Total Number of the Students:
- Venue: कक्ष स.97
- · Objective of the Activity .
- 11 दिसम्बर २०२३ को सोफिया कॉलेज अजमेर में हिंदी विभाग के जानोदय-क्लब के तत्वावधान में समस्त विद्यार्थियों हेतु कविता लेखन प्रतियोगिता का आयोजन किया गया। जिसका विषय " भारतीय भाषाओं की महत्ता" रखा गया | इसका
- उद्देश्य विद्यार्थियों में कविता लिखने की रूचि उत्पन्न करना है | इसमें लगभग 3
   विद्यार्थियों ने भाग लिया । प्रतियोगिता के आयोजन में हिंदी विभागाध्यक्षा डॉ.
   सुनीता सियाल की सहभागिता रही । प्राचार्या डॉक्टर सिस्टर पर्ल ने विजेता
   प्रतिभागियों को बधाई देकर उनका उत्साहवर्धन किया।

Dr. Sunita Siyal Head Department of Hindi Sophia Girls' College (Autonomous), Ajmer





## **Debate Competition- Hindi**



Date: 27 जनवरी 2024

Total Number of the Students: 18

Venue: सभागार,सोफिया गर्ल्स कॉलेज ,अजमेर

#### Resource Person:

- 1.डॉ. राजेश शर्मा सेवानिवृत प्रोफेसर , हिन्दी विभाग , महर्षि दयानंद सरस्वती ,
- 2. सुश्री श्रुति गौतम उपायुक्त , राज्य कर विभाग , अजमेर
- 3. श्रीमती कालिंद नंदिनी शर्मा चीफ ब्लॉक एज्केशन ऑफिसर , अजमेर
- श्री शिरीष श्रीवास्तव हिन्दी विभागाध्यक्ष , ईस्ट पॉइंट सीनियर सेकेंडरी स्कूल , अजमेर
- Learning Outcome: विद्यार्थियों में वक्तृत्व शैली के गुण के विकास में अभिवृद्धि होने के साथ ही तार्किकता में विकास ।

#### Report:

देनांक 27 जनवरी 2024 को "कुत्रिम बुद्धिमत्ता मानव बुद्धि की जगह ले रही है" विषय पर गर्षिक हिंदी वाद विवाद प्रतियोगिता का आयोजन किया गया, जिसमें 18 छात्राओं ने हिस्सा लिया 1 हि प्रतियोगिता बिदयार्थियों के वक्तृत्व शैली में निखार लाने में सहायक है 1

Dr. Sunita Siyal Head Department of Hindi Sophia Girls' College (Autonomous), Ajmer





## Open Mic "Free Speech is unconditionally absolute."



**Date:** 17th August 2023 **Name of Activity:** Open Mic
"Free Speech is unconditionally absolute."

No. of Students participated: 48

**Description:** Speakers Forum in collaboration with Khangah – The History Forum organized open mic session on "Free speech is unconditionally absolute." In activity students of this Speakers Forum presented their thoughts and opinion regarding views on freedom of speech it developed awareness among students as if freedom of speech should be absolute or not.

Outcome of Activity: Students appraise the efforts of other participants who

acknowledged them about the true meaning of freedom of speech and it empowers the students to put their views in front of other people.





## **Extempore**



Date: 18<sup>th</sup> January 2024

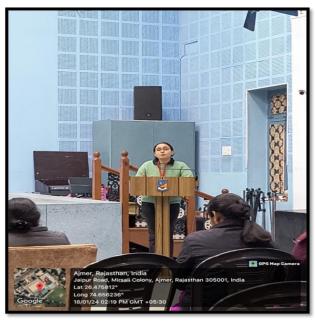
Name of Activity:

"Extempore"

No. of Students participated: 9

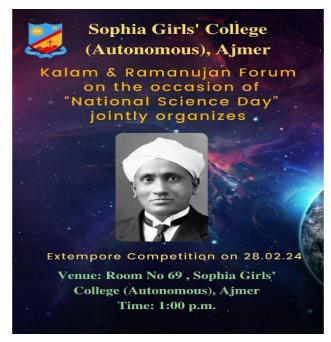
**Description: Speakers** Forum in collaboration with Khangah \_ The History Forum organized a Short Play Competition on 18<sup>th</sup> January, 2024. The extempore was based on topics from current affairs and events. The aim of this activity was to make students confident and witty enough to face interviews and discussions future in endeavors of their life. Also, through this activity students of Speakers' Forum presented their thoughts and opinion on different topics given to them. Outcome of Activity: Out of nine three students got First,

Second and Third position respectively. Students appraise the efforts of other participants who acknowledged and presented their opinion on different topics.





## **Extempore Competition**



up the moral of students.

**Date:** 28<sup>th</sup> February 2024

**Total Number of the Students:** 

40

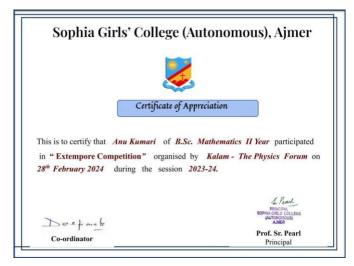
**Venue:** Room No 69

**Report:** Kalam and Ramanujan Forum on the occasion of National Science Day jointly organised an extempore competition on 28<sup>th</sup> February 2024. 40 students have attended and 15 students spoke on different topics related to science and also on Raman Effect.

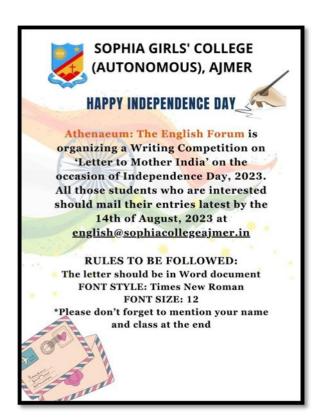
**Learning Outcome:** To create fundamental awareness about the scientific knowledge and to boost







## Writing Competition on the topic 'Letter to Mother India' on the occasion of Independence Day.



Date- 4th August 2023

Level- Intra College

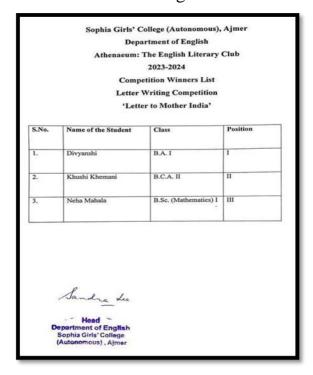
**Venue**- Sophia Girls' College (Autonomous), Ajmer

Name of the Activity- Writing Competition on the topic 'Letter to Mother India' on the occasion of Independence Day.

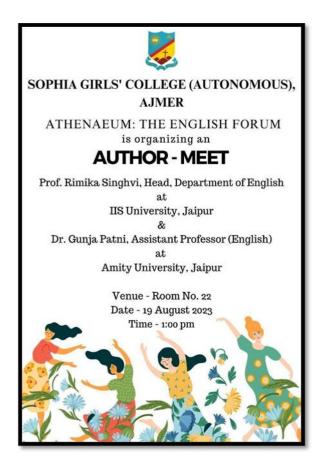
**Description-** The competition was held where the students were asked to write a Letter to Mother India.

**Learning Outcome** Through this competition, the students were able to:

- 1. Celebrate the glorious history, culture, and achievements of India.
- 2. They commemorated the freedom fighters' freedom struggle through their letters.



#### **Author-Meet**



**Date-** 19<sup>th</sup> August 2023

**Venue-** Sophia Girls' College (Autonomous), Ajmer

Name of the Activity- Author-Meet for the book 'Female Subjectivity in Narrating the Body: Selected Works of Contemporary Indian Women Writers' by Dr Rimika Singhvi and Dr Gunja Patni.

Description- An author meeting was held to talk about the book and to discuss the concepts of subjectivity and body.

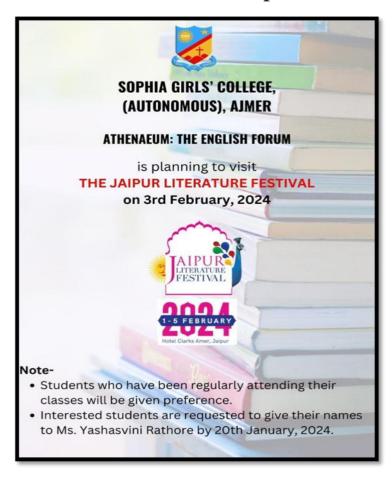
**Learning Outcome** Through this activity, the students were able to:

- 1. Interact with the authors and discuss the different concepts discussed in the book.
- 2. Ask questions related to the book and literature with the authors.





### A Visit to Jaipur Literature Festival



**Date** – 3<sup>rd</sup> February 2024 **Venue-** Hotel Clarks Amer, Jaipur

**Total Number of the Participants** – 53 students and 2 teachers

**Description-** The Jaipur Literature Festival, or JLF, is an annual literary festival which takes place in the city of Jaipur each year in the month of January. People from all over the world come to visit this literary festival.

Learning Outcome-Through this visit, the students were able to: explore the ideas and themes of different authors

and playwrights.

appreciate the importance of reading.

acquaint themselves with different artists from all over the world.

1.





# Life skills (Yoga, physical fitness, health and hygiene) Mountain Trekking



Name of the Department:

Computer Science

Name of the Activity: Mountain Trekking

Total Number of the Students:

**Date:** 9<sup>th</sup> March 2024

Report: 64

On 9<sup>th</sup> March 2024, students of computer science department embarked on a one-day mountain trekking expedition organized by The Department of Computer Science. The expedition aimed to provide students with

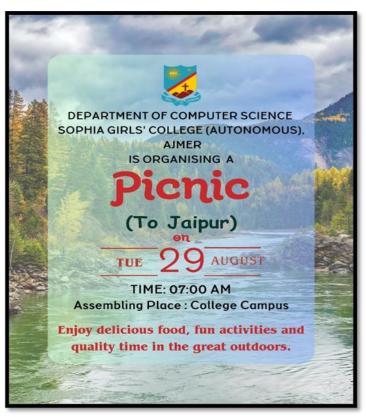
an opportunity to engage in outdoor adventure activities, promote physical fitness, and foster personal growth and learning. Prior to the expedition, participants attended a briefing session to learn about safety protocols, route details, and equipment requirements.

### **Learning Outcomes:**

- 1. Memorable and enriching outdoor adventure experience.
- 2. Learning how to overcoming obstacles.
- 3. Interactions with the natural environment increased student's appreciation for nature.



#### **Picnic**



Name of the Department: Computer Science

Name of the Activity: Picnic

**Total Number of Students:** 68

Venue: Pink Pearl, Jaipur.

**Report:** 

The Department of Computer Science took an initiative to organize a picnic to Pink Pearl, Jaipur on 29<sup>th</sup> August 2023. Dancing and singing in the bus, we reached the place by 11:00 am. As soon as we reached, the breakfast was served to us, and then we changed and gathered for the swimming party and

enjoyment in the pool. After a tiring and fun-packed afternoon, all headed for lunch.

### Learning Outcome:

- 1. Gaining essential social skills and teamwork skills.
- 2. It helps to manage stress through busy lifestyle.
- 3. Picnic gives students a break from their studies and after enjoying a picnic, they feel fresh and renewed vigor.





#### **Nutrition Fest**"



Date: 11th & 12th September

2023

**Level**: Departmental

Venue: College Indoor Stadium
Title of the Event: Nutrition

fest

**Total no. of students:** 43

**Description:-**

First day event namely "Millets Recipe based Making Competition". There were some groups which consisted of 3-5 The participants each. participants had put up stalls to showcase there delicious and nutritive recipes. The attendees were really impressed with the nutritive knowledge they received.



## **Interactive session on Self-exploration and Mental Wellbeing**



Date: 11<sup>th</sup> October 2023 Level: Inter Departmental Venue: Room No. 112 Title of event: Interactive session on Selfexploration and Mental Wellbeing

No. of Participants: 15
Resource Person: Ms.
Vartika Balani,
Psychodramatist
The Department of
Psychology and Home

Psychology and Home Science of Sophia Girls' College (Autonomous), Ajmer on the occasion of World Mental Health Day organized an Interactive

session on "Self-exploration and Mental Wellbeing" on 11<sup>th</sup> October from 11:00 a.m. onwards in the Indoor Stadium. Ms. Vartika Balani, the resource person of the session addressed the students about the ways of exploring the 'self' through various activities. She also discussed with students regarding the strategies to improve one's mental wellbeing.

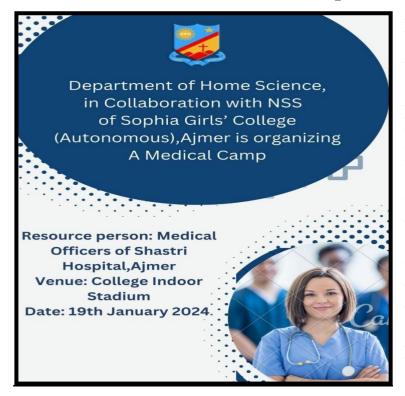
#### **Learning Outcomes**

- Understand the significance of mental well-being in the present scenario and create awareness of oneself- with help of various day to day activities.
- Implement different techniques of exploring and understanding self as a skill





### **Medical Camp**



**Date**: 19<sup>th</sup> January 2024 **Level:** Collaborative Venue: College Indoor Stadium **Title of the Event:** Medical Camp Total no. of students: 34 Department of Home Science and the NSS unit of Sophia College collaboration with Shastri Hospital, Aimer organized comprehensive medical camp on 19<sup>th</sup> January 2024. It aimed at promoting health and wellness among students and teachers both. The

event featured a range of medical tests, including blood pressure measurements, blood sugar screenings, and BMI assessments. The camp facilitated early detection of potential health issues and provided valuable insights into participants' overall well-being. The collaborative effort between healthcare professionals and students ensured the smooth execution of the camp, fostering a sense of community health awareness. The initiative not only prioritized the physical health of the college community but also encouraged a proactive approach to well-being among both students and faculty.



#### Talk on Breast Cancer



**Date**: 3<sup>rd</sup> Feb.2024 **Level**: Collaborative **Venue:** Auditorium

Title of the Event: Talk on breast

cancer

Total no. of students: 21

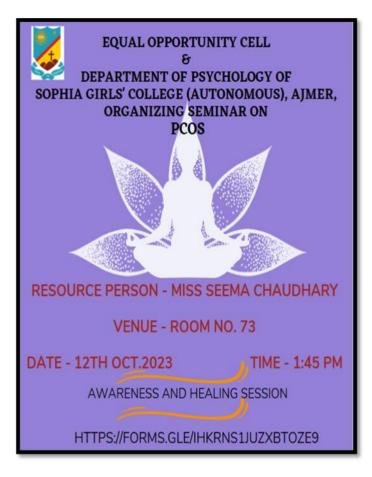
**Description:-**

A talk was organized by The Department of Home Science and the NSS (National Service Scheme) and (Red Ribbon Club) collaboration with Shastri Hospitals Girls' College at Sophia (Autonomous), Ajmer, the focus was on raising awareness about breast cancer, its precautions, and self-detection methods. The subject

specialist delivered a poignant address, emphasizing the critical importance of early detection in improving the survival rate. The speaker delved into the prevalence of breast cancer, shedding light on its impact on women's health. They underscored the significance of adopting a proactive approach through regular screenings and self-examinations. Practical demonstrations and informative visuals were used to empower the audience with knowledge about self-detection techniques, encouraging women to be vigilant about any changes in their breasts. Preventive measures took centre stage during the talk which was given by an expert nutritionist.



#### Seminar on PCOS



Date -12th October 2023

**Level** – Departmental

**Venue** – Room No. 73

**Title of event** – Seminar on PCOS

No. of Participants -51

Resource Person – Ms. Seema

Chaudhary

Description:-

The Equal Opportunity Cell and Department of Psychology of Sophia Girls' College (Autonomous), Aimer organized a seminar on "PCOS". Ms. Seema Choudhary addressed the where students had students. opportunity to ask questions and share their thoughts. This segment fostered a supportive environment for students to express their concerns and seek advice personal health matters. significant highlight of the seminar the distribution of was comprehensive questionnaire by Ms.

Choudhary.

## **Learning Outcomes**

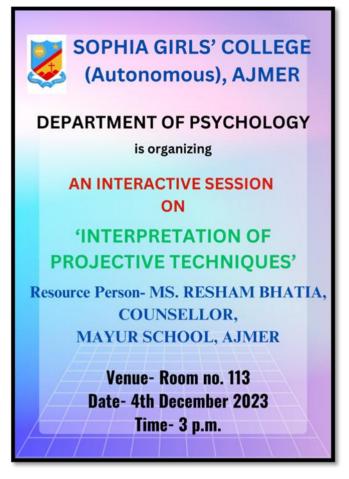
On the completion of the above activity the students will be able to –

- Express their concerns and seek advice on personal health matters
- Acquire and expand knowledge of the syndrome including its causes, symptoms, potential health risks and treatment options.





## **Interactive Session on Interpretation of Projective Techniques**



**Date** – 4<sup>th</sup> December 2023

**Level** – Departmental

**Venue** – Room No. 113

**Title of event** – Interactive Session on Interpretation of Projective Techniques

No. of Participants -9

**Resource Person** – Ms. Resham Bhatia, Counsellor, Mayur School, Aimer The Department of Psychology of Sophia Girls' College (Autonomous), Ajmer organized a lecture on "Interpretation of Projective Techniques" on 4th December from 3:00p.m. onwards in Room No. 113. Ms.Resham Bhatia, the resource person of the session addressed the students about the interpretation of one of the Projective **Techniques** known Thematic Apperception Test (TAT). She also helped the students in observing the various elements of the test and how to successfully interpret the personalities of the subject/ client.

## **Learning Outcomes**

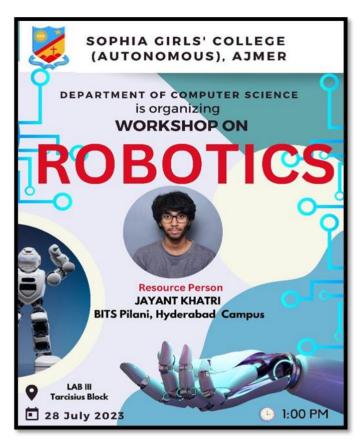
On the completion of the above activity the students will be able to –

- Understand the importance of projective techniques as a powerful tool for Personality assessment.
- Examine the application and interpretation of Thematic Apperception Test.





## Awareness of trends in technology Workshop on Robotics



Name of the Department: Computer

Science

Name of the Activity: Workshop on

**Robotics** 

**Total Number of the Students: 77** 

Date: 28th July 2023

Venue: Lab III

**Report:** 

An interesting workshop organized by the Computer Science Department in the Lab III on 28th July 2023 at 11:30 AM onwards. The resource person Mr. Jayant Khatri (Birla Institute of Technology and Science. Hyderabad Campus) reflected his profound knowledge on Interdisciplinary branch of Computer Science and Robotics so that students can learn basics of Robotics and can be motivated to broaden the outlook

of Robotics. This subtle change in perspective can have a profound impact on students' futures. This instills confidence in students. Specifically, it instills technological competence which helps in elevating the standard of living through technological & scientific advancements.

The informative workshop culminated with a vote of thanks proposed by the Head of the Computer Science Department Mr. Gautam Chaturvedi. An interactive concourse ignited the inquisitiveness of participants on this topic.

## **Learning Outcome:**

- 1. Gives an idea of role of Robotics in the current scenario.
- 2. Career-wise exploration in the field of Robotics.
- 3. Knowledge about course pattern and modules.

## **Industry Academia Collaboration (Internship) Machine Learning/Python**



Name of the Activity: Industry
Academia Collaboration
(Internship) Machine
Learning/Python Programming

**Date:** 12<sup>th</sup> December 2023 (3 Months)

**Total Number of the Students:** 

**Venue:** Department of Computer

Science

Report: This internship was a strategic collaboration between The Department of Computer Science and IACT (International Academy for Certification and Training) Education Pvt. Ltd, designed to provide practical exposure to machine learning applications and Python programming, techniques, and Python

focused on the application of machine learning techniques and Python programming within an industry setting.

## **Learning Outcomes:**

- 1. Gain practical experience in machine learning and Python programming.
- 2. Apply theoretical knowledge from academic studies to industry problems.
- 3. Develop and enhance skills in data analysis, model development, and software engineering.





# Seminar on Generative Artificial Intelligence Use Cases & Applications



Name of the Department: Computer Science

Name of the Activity: Seminar on Generative Artificial Intelligence Use Cases

& Applications

**Total Number of the Students: 136** 

**Date:** 19<sup>th</sup> – 20<sup>th</sup> March 2024

**Venue:** Seminar Hall **Learning Outcome:** 

- 1. Gives an idea of role of Generative Artificial Intelligence Use Cases & Applications
- 2. Career-wise exploration in the field of GenAI.
- 3. Knowledge about course pattern and modules.

# Seminar on Empowering the Future Workforce: Strategies for Cultivating In-Demand IT Skills in Students.



Name of the Department: Computer

Name of the Activity: Seminar on Empowering the Future Workforce: Strategies for Cultivating In-Demand IT Skills in Students.

**Total Number of the Students: 184** 

**Date:** 24<sup>th</sup> August 2023 **Venue:** Auditorium

Report:

The seminar was organized by the Computer Science Department in collaboration with R-CAT, Rajasthan aimed to address the growing demand for IT skills in the job market and strategize ways to equip students with the necessary competencies to meet these demands. The seminar commenced with a warm welcome extended by the organizing committee,

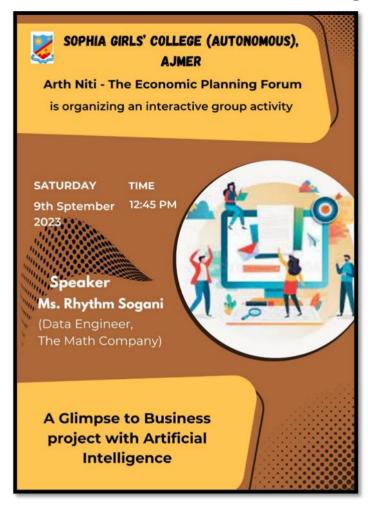
emphasizing the importance of IT skills in today's world and the college's commitment to nurturing future-ready professionals.







## Interactive Session on 'A Glimpse to Business Project with Artificial Intelligence



**Arth-Niti** – The Economic Planning Forum

**Date:** 9<sup>th</sup> September 2023 **Venue:** Room No. 108

**Title of the event:** Interactive Session on 'A Glimpse to Business Project with Artificial Intelligence

**Resource Person-** Rhythm Sogani, Data Engineer, The

Math Company

No. of students: 21

**Description**: The students of Economics Department participated in an interactive session on 'A Glimpse to Business Project with Artificial Intelligence' on 9th 2023. The Resource Sept person for the same was Ms. Rhythm Sogani, she gave live examples of how AI is making an impact on the business

projects.

**Learning Outcome:** The aim was to bring out the creative and analytical skills of the students. This also helps to develop the presentation skills amongst the students.





Dr. Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOOUS)
AIMFR